



Sunday Aug-04, Sep-01, Sep-29, Oct-27	Monday Aug-05, Sep-02, Sep-30, Oct-28	Tuesday Aug-06, Sep-03, Oct-01, Oct-29	Wednesday Aug-07, Sep-04, Oct-02, Oct-30	Thursday Aug-08, Sep-05, Oct-03, Oct-31	Friday Aug-09, Sep-06, Oct-04, Nov-01	Saturday Aug-10, Sep-07, Oct-05, Nov-02
Breakfast						
Juice of Choice Cereal of Choice Waffle Sausage Links Margarine & Jelly 2% Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Mushroom Omelet Wheat Toast Margarine & Syrup 2% Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Scrambled Eggs Scrapple Wheat Toast Margarine & Jelly 2% Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Sausage Biscuit Margarine & Jelly 2% Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Scrambled Egg Wheat Toast Margarine & Jelly 2% Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Blueberry Muffin Turkey Bacon Margarine & Jelly 2% Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice French Toast Sticks Margarine & Syrup 2% Milk Coffee or Hot Tea
Lunch						
Baked Pork Chop Corn on the Cob Sautéed Kale with Garlic Wheat Dinner Roll or Bread Margarine Mandarin Orange Delight Gelatin Beverage of Choice	Chicken Marsala Garlic Mashed Potatoes Green Beans Wheat Dinner Roll or Bread Margarine Watermelon Beverage of Choice	BBQ Glazed Meatloaf Garlic Roasted Potato Wedges Green Peas Wheat Dinner Roll or Bread Margarine Fruited Gelatin Beverage of Choice	Baby Back Ribs Corn on the Cob Calico Coleslaw Wheat Dinner Roll or Bread Margarine Apple Pie Beverage of Choice	Fried Chicken French Fries Carrots & Green Beans Wheat Dinner Roll or Bread Margarine Fruit Yogurt Granola Parfait Beverage of Choice	Fried Fish Fillet Orzo Pico de Gallo Wheat Dinner Roll or Bread Margarine Strawberries Beverage of Choice	Italian Pork Chop Macaroni & Cheese Carrots & Zucchini Wheat Dinner Roll or Bread Margarine Pineapple with Cherry Beverage of Choice
Sweet & Sour Chicken	Beef Soft Tacos	Cheese Tortellini	Beef Hot Dog on Bun	Veal Parmesan	Chicken Burger	Gyro
Dinner						
BBQ Beef on a Bun Hashbrowns Braised Red Cabbage Wheat Dinner Roll or Bread Margarine Grapes Beverage of Choice	Pepperoni Pizza Baby Carrots Wheat Dinner Roll or Bread Margarine Sliced Peaches 2% Milk Beverage of Choice	Ham Steak Macaroni & Cheese Mixed Vegetables Strawberries Wheat Dinner Roll or Bread Margarine 2% Milk Beverage of Choice	Chicken & Swiss Wrap Cajun Rice Broccoli & Carrots Wheat Dinner Roll or Bread Margarine Assorted Ice Cream Beverage of Choice	Reuben Sandwich Potato Salad Angel Food Cake 2% Milk Beverage of Choice	Salmon Patty Macaroni Salad Orange Sherbet Lettuce & Tomato Dinner Roll 2% Milk Beverage of Choice	Hamburger on a Bun Lettuce Tomato and Onion Steak Fries Tropical Fruit Salad 2% Milk Beverage of Choice
Lasagna with Meatsauce	Meatballs	Cobb Salad	Crispy Buffalo Style Shrimp Wrap	Grilled Cheese & Tomato Sandwich	Turkey Wrap	Grilled Ham & Cheese Sandwich on Wheat



Sunday Aug-11, Sep-08, Oct-06	Monday Aug-12, Sep-09, Oct-07	Tuesday Aug-13, Sep-10, Oct-08	Wednesday Aug-14, Sep-11, Oct-09	Thursday Aug-15, Sep-12, Oct-10	Friday Aug-16, Sep-13, Oct-11	Saturday Aug-17, Sep-14, Oct-12
Breakfast						
Juice of Choice Cereal of Choice Ham & Cheese Quiche Margarine & Syrup 2% Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Blueberry Pancakes Wheat Toast Margarine & Jelly 2% Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Scrambled Eggs Margarine & Jelly Wheat Toast 2% Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Western Omelet Wheat Toast Margarine & Jelly 2% Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Corned Beef Hash Scrambled Eggs 2% Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice on a Croissant Fried Egg Margarine & Syrup 2% Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice French Toast Margarine & Jelly 2% Milk Coffee or Hot Tea
Lunch						
Roast Turkey Sausage Bread Dressing Green Beans Wheat Dinner Roll or Bread Margarine Fruit Mix Beverage of Choice	Country Fried Steak with Cream Gravy Roasted Fingerling Potatoes Sautéed Spinach with Garlic Wheat Dinner Roll or Bread Margarine Emerald Pear Gelatin Dessert Beverage of Choice	BBQ Pulled Pork Black Beans & Rice Broccoli & Cauliflower Wheat Dinner Roll or Bread Margarine Angel Food Cake Beverage of Choice	Chicken Fajita Yellow Rice Sautéed Peppers & Onions Wheat Dinner Roll or Bread Margarine Orange Sherbet Beverage of Choice	Hamburger on a Bun Macaroni & Cheese Lettuce and Onion Wheat Dinner Roll or Bread Margarine Pumpkin Pie Beverage of Choice	Tortilla Breaded Fish Navy Beans Oven Roasted Tomatoes Wheat Dinner Roll or Bread Margarine Fruit Cup Beverage of Choice	Sausage Jambalaya with Rice Jasmine Rice Dinner Roll Apple Pie Beverage of Choice
Polish Sausage	Eggplant Parmesan	Chicken Fried Rice	Corned Beef & Swiss Sandwich	Cheese Quesadilla	Baked Penne Pasta with Cheese	Chicken Tenders
Dinner						
Beef & Cabbage Casserole Black Beans & Rice Margarine Angel Food Cake 2% Milk Beverage of Choice	Ham & Swiss Cheese Sandwich on Rye Bread Garden Vegetable Soup Wheat Dinner Roll or Bread Margarine Tropical Fruit 2% Milk Beverage of Choice	Shrimp Scampi over Angel Hair Pasta Vegetable Blend Wheat Dinner Roll or Bread Margarine Fruit Basket Crumble 2% Milk Beverage of Choice	Turkey Sandwich Potato Chips Lettuce & Tomato Wheat Dinner Roll or Bread Margarine Watermelon Beverage of Choice	Fried Chicken Potato Salad Calico Coleslaw Margarine Mandarin Oranges & Bananas 2% Milk Beverage of Choice	Tuna Melt Marinated Garden Salad White Cake 2% Milk Beverage of Choice	Pot Roast Garlic Mashed Potatoes Collard Greens Wheat Dinner Roll or Bread Margarine Watermelon Radish Beverage of Choice
Grilled Cheese Sandwich	Chef Salad with Turkey	Deli Sandwich	Hungarian Pork Tips	Greek Salad	Beef Hot Dog on Bun	Chicken Caesar Wrap



Sunday Aug-18, Sep-15, Oct-13	Monday Aug-19, Sep-16, Oct-14	Tuesday Aug-20, Sep-17, Oct-15	Wednesday Aug-21, Sep-18, Oct-16	Thursday Aug-22, Sep-19, Oct-17	Friday Aug-23, Sep-20, Oct-18	Saturday Aug-24, Sep-21, Oct-19
Breakfast						
Juice of Choice Cereal of Choice Sausage Gravy Wheat Toast Margarine & Jelly 2% Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Egg Casserole Wheat Toast Margarine & Jelly 2% Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Fried Egg English Muffin Margarine & Syrup 2% Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Scrambled Eggs Wheat Toast Margarine & Jelly 2% Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Pancakes Pork Patty Margarine & Jelly 2% Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Mushroom Omelet White Toast Margarine & Jelly 2% Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Waffle Bacon Margarine & Syrup 2% Milk Coffee or Hot Tea
Lunch						
BBQ Chicken Wings Cool Corn Salad Peas & Carrots Wheat Dinner Roll or Bread Margarine Fruit Cup Beverage of Choice	Baby Back Ribs Corn on the Cob Braised Red & Green Cabbage Wheat Dinner Roll or Bread Margarine Pudding Swirl Beverage of Choice	Beef Ravioli Butter or Margarine Wheat Dinner Roll or Bread Tossed Salad Honeydew Melon Beverage of Choice	Chopped Steak Garlic Mashed Potatoes Green Beans Wheat Dinner Roll or Bread Margarine Orange Cake with Frosting Beverage of Choice	Chicken Fried Rice Summer Vegetable Blend Wheat Dinner Roll or Bread Margarine Assorted Ice Cream Beverage of Choice	Breaded Fish on a Bun Seasoned Steak Fries Lettuce and Onion Margarine Peaches and Pears Beverage of Choice	Braised Pork Tips Rice Pilaf Roasted Beets and Carrots Wheat Dinner Roll or Bread Margarine Cherry Gelatin Beverage of Choice
Supreme Pizza	Philly Steak	Hawaiian Ham Steak	Buffalo Style Crispy Chicken Wrap	Seasoned Tri-Color Pasta	Meatballs with Sauce	Corned Beef Sandwich on Rye Bread
Dinner						
Turkey In Herb Sauce Collard Greens Scalloped Potatoes Wheat Dinner Roll or Bread Margarine Grapes 2% Milk Beverage of Choice	Crispy Buffalo Style Shrimp Wrap Broccoli Florets Wheat Dinner Roll or Bread Margarine Watermelon Beverage of Choice	Goulash Egg Noodles Baby Carrots Wheat Dinner Roll or Bread Citrus Banana Cup 2% Milk Beverage of Choice	Jerk Rubbed Chicken Black-Eyed Peas Garden Vegetable Blend Wheat Dinner Roll or Bread Margarine Fruit Cup 2% Milk Beverage of Choice	Black Jack Burger Lettuce Tomato and Onion Sweet Potato Wedges Margarine Carrot Cake with Frosting 2% Milk Beverage of Choice	Vegetable Soup White Dinner Roll Bacon Wrapped Chicken Pineapple with Strawberries Beverage of Choice	Italian Sausage Baked Beans Scandinavian Vegetable Blend Wheat Dinner Roll or Bread Margarine Peach Cobbler 2% Milk Beverage of Choice
Knockwurst Sausage	Hot Dog on a Bun	Open-Faced Hot Turkey Sandwich	Beef Chili	Tuna Salad Wrap	Grilled Cheese Sandwich	Grilled Chicken Sandwich



COMPLETECARE
— MANAGEMENT —

COMPLETE CARE SUMMER MENU 2024

REGULAR

WEEK 4

Sunday Aug-25, Sep-22, Oct-20	Monday Aug-26, Sep-23, Oct-21	Tuesday Aug-27, Sep-24, Oct-22	Wednesday Aug-28, Sep-25, Oct-23	Thursday Aug-29, Sep-26, Oct-24	Friday Aug-30, Sep-27, Oct-25	Saturday Aug-31, Sep-28, Oct-26
Breakfast						
Juice of Choice Cereal of Choice Pancakes Sausage Links Margarine & Jelly 2% Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice French Toast Turkey Bacon Margarine & Jelly 2% Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Cheddar Egg Bake White Toast Margarine & Syrup 2% Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Cheese Omelet White Toast Margarine & Syrup 2% Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Scrambled Egg with Onions White Toast Margarine & Jelly 2% Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Hard Cooked Egg Margarine & Jelly Hashbrowns 2% Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Egg & Sausage Bake White Toast Margarine & Jelly 2% Milk Coffee or Hot Tea
Lunch						
Lasagna with Meatsauce Garden Salad with Dressing Wheat Dinner Roll or Bread Margarine Sliced Cantaloupe Beverage of Choice	Hamburger on a Bun French Fries Lettuce and Onion Margarine Strawberry Parfait Beverage of Choice	Fried Chicken Macaroni & Cheese California Vegetable Blend Wheat Dinner Roll or Bread Margarine Sliced Peaches Beverage of Choice	Meatballs Italian Angel Hair Pasta Sautéed Spinach with Garlic Wheat Dinner Roll or Bread Margarine Oatmeal Cookie Beverage of Choice	Buffalo Style Crispy Chicken Wrap Wild Blend Rice Broccoli & Carrots Margarine Poached Pears Beverage of Choice	Lemon & Herb Baked Cod Chickpea & Black Sesame Chips Ratatouille Margarine Pineapple Tidbits Beverage of Choice	Meatloaf Garlic Mashed Potatoes Roasted Zucchini Wheat Dinner Roll or Bread Margarine Cherry Gelatin Beverage of Choice
Baked Turkey	Tuna Melt	Cheese Quesadilla	Baked Penne Pasta with Cheese	Polish Sausage	Eggplant Parmesan	Cheese Tortellini w/ Alfredo Sauce
Dinner						
BLT Sandwich with Turkey Potato Salad Lettuce & Tomato Margarine Iced Brownie 2% Milk Beverage of Choice	Grilled Pork Chop Baked Beans Mixed Vegetables Dinner Roll or Bread Butter or Margarine Lime Pineapple Gelatin 2% Milk Beverage of Choice	Beef & Cabbage Casserole Baked Potato Dilled Baby Carrots Margarine Assorted Ice Cream 2% Milk Beverage of Choice	BBQ Spare Ribs Corn on the Cob Roasted Beets Dinner Roll or Bread Butter or Margarine Pudding Parfait Beverage of Choice	Beef Hot Dog on Bun Potato Chips Sliced Peaches Mandarin Oranges 2% Milk Beverage of Choice	BBQ Pulled Pork Garlic Mashed Potatoes Sauerkraut Fruit Cup 2% Milk Beverage of Choice	Roasted Chicken Roasted Fingerling Potatoes Calico Coleslaw Wheat Dinner Roll or Bread Margarine Praline Bar 2% Milk Beverage of Choice
Knockwurst Sausage	Turkey & Swiss Cheese Sandwich	Thin Crust Cheese Pizza	Shrimp Stir Fry with Vegetables	Greek Salad	Grilled Chicken Sandwich	Cheese Ravioli with Meat Sauce